SEPTEMBER 2025 VOLUME 14

# LIVING & LENDING

Your monthly key to smart living and lending



IN THIS ISSUE

BUILDING YOUR HOME PROTECTION PLAN: A COMPREHENSIVE APPROACH

MORTGAGE LIFE, PERSONAL LIFE, AND GROUP INSURANCE EXPLAINED

FALL READY: SIMPLE STEPS FOR A COZY SEASON AHEAD

**BEYOND THE DESK** 

YOUR VOICE MATTERS:
ASK KAREN OR SHARE YOUR STORY!

#### **M**MORTGAGEARCHITECTS<sup>®</sup>

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### Hello September!

This month explores comprehensive home protection planning, comparing mortgage life, personal life, and group insurance options to help you make informed decisions about protecting your family's financial future.

We share simple, encouraging steps to prepare your space for fall's cooler weather - creating comfort and peace of mind whether you own or rent. Karen also shares her unexpected curiosity about a fascinating garden visitor.

## Building Your Home Protection Plan: A Comprehensive Approach

While your home may be your largest purchase, your ability to earn income is your most valuable asset.

When you think about protecting your home, your mind probably goes to homeowner's insurance, security systems, or maybe even that mortgage insurance your lender mentioned at closing. But here's the reality: the greatest threat to your family's ability to keep their home isn't fire, theft, or natural disasters. It's the loss of the income that makes your mortgage payments possible.

Just like building a house requires a solid foundation, strong framework, and essential safety features, protecting your family's financial security requires a comprehensive approach. Let's explore how to build a protection plan that safeguards not just your mortgage, but your entire lifestyle.



#### The Foundation: Life Insurance

Your Family's Financial Security Cornerstone

Your earning potential over your working years likely represents millions of dollars. For a 35-year-old earning \$75,000 annually, that's potentially \$2.25 million in future income by retirement. Life insurance replaces this income stream if the unexpected happens.

**Beyond Mortgage Protection** While mortgage-focused life insurance pays off your home loan, comprehensive life insurance does much more. It can:

- Replace lost income for daily living expenses
- Fund your children's education
- Protect your spouse's retirement savings
- Cover final expenses and estate settlement costs
- Maintain your family's standard of living

The Portability Advantage Unlike mortgage-specific coverage that's tied to one property, personal life insurance travels with you. Whether you move, refinance, or pay off your mortgage early, your family's protection remains intact. You control the coverage amount, the beneficiary, and how the funds are used.

Smart Coverage Planning Consider your family's total financial needs, not just your mortgage balance. According to the Canadian Life and Health Insurance Association (CLHIA), a ballpark measure sometimes used is between 5-7 times current net income. However, to evaluate your specific situation, a comprehensive financial needs analysis should be completed. Factor in:

- Outstanding debts beyond your mortgage
- Children's future education costs
- Your spouse's long-term financial needs
- Any existing coverage through work

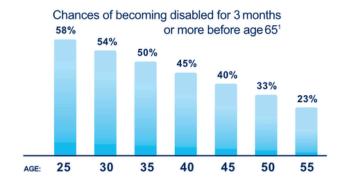
#### The Framework: Disability Insurance

Protecting Your Ability to Earn

Here's a reality that surprises most homeowners: 33% of Canadians who experience a disability that lasts longer than 90 days will, on average, experience a duration of 37 months, according to Edge Benefits.

**The Income Reality** Your ability to earn a living is what makes your mortgage payments possible. Without your paycheck, how long could you maintain your mortgage payments? For most families, the answer is measured in months, not years.

#### YOUR RISK OF A DISABILITY



In addition, if your disability does last more than 90 days, the average length of a disability will be<sup>1</sup>:

AGE	DURATION	AGE	DURATION
25	2.1 years	45	3.2 years
30	2.5 years	50	3.1 years
35	2.8 years	55	2.6 years
40	3.1 years	60	1.6 years

https://www.edgebenefits.com/disability-benefits-canada/

<sup>&</sup>lt;sup>1</sup> Commissioners Individual Disability Table A and C

Consider the statistics: if you're 35 years old, you have a 50% chance of becoming disabled for 3 months or more before age 65. If that disability does occur and lasts more than 90 days, the average duration would be 2.8 years. That's potentially years without your primary income source.

Disability insurance replaces a portion of your income when illness or injury prevents you from working. This isn't just about catastrophic accidents—it covers:

- Extended recovery from surgery
- Mental health conditions
- Chronic illnesses like diabetes or heart disease

#### **Safety Features: Critical Illness Insurance**

Coverage for Unexpected Health Events

Critical illness insurance provides a lump-sum payment upon diagnosis of serious conditions like cancer, heart attack, or stroke. While disability insurance replaces lost income, critical illness coverage addresses the unique financial challenges these diagnoses create.

#### Beyond Medical Bills Critical illness coverage helps with:

- Experimental treatments not covered by health insurance
- Travel costs for specialized treatment
- Home modifications for accessibility
- Income replacement for a spouse who takes time off to provide care
- Debt payments while focused on recovery

#### Mortgage-Specific Benefits A critical illness diagnosis often means:

- Reduced household income during treatment and recovery
- Increased medical and lifestyle expenses
- Potential need to modify or sell your home
- Difficulty qualifying for traditional refinancing

The lump-sum payment gives you financial flexibility during an already stressful time. You might use it to pay down your mortgage, freeing up monthly cash flow for medical expenses, or to bridge income gaps during treatment.

#### The Complete Blueprint: How It All Works Together

Consider how different situations affect your mortgage security:

**Sudden Death:** Life insurance immediately provides funds to pay off the mortgage or maintain payments while your spouse adjusts financially.

**Disability from Illness or Injury:** Disability insurance maintains income replacement, allowing your family to continue mortgage payments and maintain their lifestyle during recovery.

**Cancer Diagnosis:** Critical illness insurance provides immediate funds for treatment and modifications. Disability insurance replaces lost income during treatment and recovery.

#### **Taking Action with Professional Guidance**

As licensed insurance professionals, we help you navigate the complexity of building a protection plan that goes beyond basic mortgage coverage. We assess your complete needs, compare options across multiple carriers, and structure coverage that adapts as your life changes.

Contact us to discuss your family's protection needs and learn how comprehensive planning can provide the peace of mind that comes with knowing your home and lifestyle are truly secure.

**Assess Your Current Coverage** 

- Review existing life insurance (work and personal)
- Understand your disability benefits through work
- Inventory any critical illness coverage
- Calculate gaps in protection

**Determine Your Needs** 

- Calculate income replacement requirements
- Consider your family's total financial obligations
- Factor in existing savings and other resources
- Plan for changing needs over time

**Choose The Right Mix** 

- Your family situation and dependents
- Existing financial safety nets
- Risk tolerance and budget
- Career stability and benefits

Optimize For Portability

Employer benefits are valuable but limited. Personal policies ensure protection regardless of job changes, self-employment, or retirement transitions.

## Mortgage Life, Personal Life, and Group Insurance Explained

Understanding the difference between convenient and comprehensive protection

When you're buying a home, your lender will likely offer you mortgage insurance at closing. It seems convenient - one more box to check off your lengthy to-do list. But convenience isn't always comprehensive, and when it comes to protecting your family's financial security, the differences matter more than you might think.

The comparison chart below illustrates a crucial distinction many homeowners don't realize: Mortgage Life Insurance is designed primarily to protect the lender's investment in your property, while Personal Life Insurance is designed to protect your family's financial future. When you understand these differences - along with how group coverage through work fits into the picture - you can make informed decisions about which options truly serve your family's needs.

Mortgage Life Insurance		Personal Life Insurance
Bank/Mortgage Lender	Beneficiary	You name your beneficiaries
Linked to the declining balance of your mortgage	Face Amount	You choose the amount you wish to have
Only a few health-related questions are asked	Underwriting	Full disclosure of medical history
Death benefit is not guaranteed to be paid out upon claim	Contestability	You know exactly what you will be covered for, greatly reducing a denied claim
Applies to same home under the same terms with the same lender	Portability	Can be used to cover any home with any mortgage lender
You pay the same premium for a declining death benefit	Cost	Premium remains the same for a level benefit

LIVING & LENDING: SEPTEMBER 2025

#### The Group Insurance Factor: What About Work Benefits?

Many Canadians assume their workplace benefits provide adequate protection, but the reality is more complex. Government research shows that nearly 68% of Canada's private labour force (over 8 million Canadians) works for small companies that often don't provide comprehensive benefit plans, according to Edge Benefits.

Even if you have group benefits, consider these limitations:

- Coverage gaps: Group policies often provide basic amounts that may not meet your family's actual needs
- Job dependency: Coverage typically ends when you leave your employer
- Limited control: You can't adjust coverage levels or choose beneficiaries as freely as with personal policies
- Workplace-only protection: Many group disability plans only cover on-the-job injuries, leaving you vulnerable during personal time

#### The Independent Broker Advantage

Working with an independent insurance broker provides access to multiple carriers and comprehensive analysis of your complete protection needs. Rather than accepting what's offered at closing or relying solely on basic group coverage, you can:

- Compare options across multiple insurance companies
- Design coverage that adapts as your life changes
- Ensure true portability regardless of job or mortgage changes
- Receive ongoing support and regular coverage reviews

#### **Making Your Choice**

The right insurance protection depends on your unique situation, but the key is understanding what you're actually getting with each option. Your family's financial security deserves more than a quick decision at the closing table or basic assumptions about group coverage.

When you're ready to explore comprehensive protection options that truly serve your family's needs, we're here to help you understand what's possible and find the right solution for your situation.

Ready to explore your options? Contact us for a no-obligation consultation to review how different insurance approaches can better protect your family's future.

LIVING & LENDING: SEPTEMBER 2025 PAGE 7

## Fall Ready: Simple Steps for a Cozy Season Ahead

There's something refreshing about those first crisp September mornings when you can feel fall arriving - like a fresh breath of air and the beginning of a new season approaching. The air is fresh, the light is golden, and suddenly you're thinking about cozy sweaters, warm drinks, and getting your space ready for the season ahead.



Whether this is your first fall in a new place or you're a seasoned pro at seasonal transitions, taking a little time now to prepare your home creates that wonderful feeling of being truly settled and ready. The best part? Most of these tasks take just a few minutes but make a huge difference in how comfortable and prepared you'll feel all season long.

#### Start Where You Are

You don't need to tackle everything at once or have the perfect plan. Start with what feels most important to you right now. Maybe it's making sure your heating works before you really need it, or perhaps it's simply swapping out those lightweight summer curtains for something cozier. Every small step counts.

The goal isn't perfection - it's creating a space where you feel comfortable and prepared for whatever the season brings. Some tasks you can handle yourself, others might need a professional touch or a conversation with your landlord. Either way, you're taking care of your space and yourself.

#### The Essentials That Make the Biggest Difference

**Get Your Heat Ready** Nothing beats the relief of knowing your heating system works when you flip that switch on the first chilly evening. Test your thermostat, replace the air filter, and make sure nothing's blocking your heating vents. If you haven't had your furnace checked recently, now's the perfect time to schedule that tune-up.

Keep Warmth Where It Belongs Those little gaps around windows and doors might seem minor, but they can make your space feel drafty and cost extra in heating bills. Check your weather stripping and add some draft stoppers where needed. Switching to heavier curtains or adding thermal linings gives you both warmth and that cozy fall feeling.

LIVING & LENDING: SEPTEMBER 2025

Light Up the Longer Evenings As daylight hours get shorter, good lighting becomes more important. Replace any burnt-out bulbs now, especially around entryways and the areas you use most after dark. There's something comforting about coming home to a well-lit space as the evenings get darker earlier.

**Protect What Matters** Disconnect those garden hoses before freezing weather hits - it's a simple task that prevents expensive damage. Take a moment to test your smoke detectors and refresh your emergency supplies. Store or cover outdoor items that won't be used during cooler weather.

*Organize for Success* Make sure you know where your winter supplies are - ice melt, snow shovel, extra flashlights. Having these ready before you need them eliminates those last-minute scrambles during the first unexpected storm.

#### Your Fall Prep Approach

The beauty of fall preparation is that it doesn't have to happen all at once. Pick one or two tasks for this weekend, another couple for next weekend. Some people like to tackle everything over a Saturday afternoon, while others prefer spreading tasks out over a few weeks. Do what works for your schedule and energy level.

Consider it an investment in your comfort and peace of mind. Each task you complete is one less thing to worry about when the weather turns colder. Plus, there's something satisfying about checking items off your list and knowing you're ready for whatever fall brings.

#### Making It Work for You

Your living situation is unique, and your fall prep should be too. Focus on what you can control and what will make the biggest difference in your daily comfort. Some tasks might require calling your landlord or hiring a professional - and that's perfectly fine. The important thing is taking steps to create a comfortable, safe space for the season ahead.

Remember, this isn't about having the most organized or perfectly prepared home. It's about taking care of your space so it can take care of you through the changing seasons. Every small effort counts, and every task you complete brings more comfort and fewer worries as fall settles in.

Your space has been your refuge through summer, and with a little attention now, it'll be even more comfortable and welcoming as the seasons change. Take it one step at a time, celebrate the small wins, and enjoy the process of making your home ready for fall.

## **Beyond The Desk**

A glimpse into our team's lives outside the office

I'll be honest - I'm not typically a fan of spiders. So when Brenda sent me photos of a bright yellow spider she'd spotted in her garden, I expected to give it a quick glance and move on. But something about this little creature caught my attention in a way I didn't expect.

The vibrant yellow color was so striking and unusual that despite my usual spider aversion, I found myself genuinely curious. Instead of my typical reaction, I found myself studying the photos more closely and then doing something



that surprised even me - I started researching to learn more about it.



What I discovered was fascinating. This garden visitor is a flower crab spider, also known as a goldenrod crab spider. What makes them truly remarkable is their ability to change color between yellow and white depending on the flower they're hunting on. The nasturtium leaf in the photo gives you a perfect sense of their small size - they're quite tiny!

My research revealed that flower crab spiders are actually wonderful garden companions. These small hunters are completely harmless to people but incredibly beneficial for

natural pest control, particularly effective at catching flies, mosquitoes, and other bothersome insects.

Unlike web-building spiders, they're ambush predators that position themselves on flowers and wait patiently for prey. Their presence indicates a healthy garden ecosystem, and they help maintain natural balance without any chemical interventions.

My journey from spider-averse to genuinely interested in this little garden resident reminds me that sometimes the creatures we think we want to avoid turn out to be exactly what our gardens need. The natural world has a way of surprising us when we keep an open mind.

LIVING & LENDING: SEPTEMBER 2025

## Your Voice Matters: Ask Karen or Share Your Story!

Do you have burning questions about mortgages, homeownership, or the real estate market? Or maybe you've had an experience with mortgage pre-approval that could help others on their journey? I want to hear from you!

#### **Submit Your Questions**

Got a question you've been pondering? Text or email me and I might answer it in one of my upcoming live videos! Whether it's about the current market conditions, mortgage tips, or anything related to home buying, no question is too small.



#### **Share Your Experience**

Have you recently gone through the mortgage pre-approval process? Share your story with us! Your experience could provide valuable insights for others and might be featured in a future newsletter.



#### **How to Participate**

Head over to our website & use the contact form to send in your questions or stories. I can't wait to hear from you and continue the conversation!



Email: broker@karenreimer.org

Text/Call: 306-221-7493

Visit Website: www.karenreimer.org

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LIVING & LENDING: SEPTEMBER 2025 PAGE 11